

Thank you for visiting a Maine Audubon wildlife sanctuary.

Maine Audubon works to conserve Maine's wildlife and wildlife habitat by engaging people of all ages in education, conservation, and action.

Your support is crucial to our work on behalf of Maine's wildlife and habitat. Please visit maineaudubon.org/join to become a member today.

Maine Audubon sanctuaries are free and open to the public year round, dawn to dusk. Dogs, even while leashed, are not allowed in our wildlife sanctuaries, as their presence can be disruptive to wildlife.

Visitor Center Hours

Monday through Friday, 9 am–4 pm
Saturday, 10 am–4 pm; Sunday, Noon–4 pm

Nature Store Hours

Monday through Saturday, 10 am–4 pm
Sunday, Noon–4 pm

Hours may vary; call 207.781.2330

MAINE 
AUDUBON



Maine Audubon Headquarters
20 Gilsland Farm Road
Falmouth ME 04105
207.781.2330; info@maineaudubon.org
maineaudubon.org

*This guide is funded in part by the Onion Foundation
and The Quimby Family Foundation.*

Situated along the Presumpscot River estuary just five minutes from Portland, Maine Audubon's headquarters features an environmental education center and a 65-acre sanctuary with more than two miles of trails winding along a pond and through forest, meadow, orchard, and salt marsh. The variety of habitats and trails at Gilsland Farm, which are free for the public to explore, are ideal for nature study, wildlife-watching, walking, sketching, painting, snowshoeing, and cross-country skiing.

An invaluable resource for communities in southern Maine, Gilsland Farm Audubon Center hosts hundreds of public programs year-round for adults and children. The Visitor Center also includes a Nature Store, Children's Discovery Room, and Teacher's Resource Center, and is available to rent for meetings, weddings, or special events. Nature-themed art exhibits are regularly on display in the gallery, and demonstration gardens on the grounds showcase native plants.

Ruth Moulton Freeman gave Gilsland Farm to Maine Audubon in a series of gifts starting in 1974. Her father, David Moulton—a Portland lawyer and dedicated horticulturalist and conservationist—had purchased the farm in 1911. His famed peonies still grow in several locations on the property.

Learn more at
maineaudubon.org/visit/gilsland-farm

 MAINE AUDUBON

Gilsland Farm Audubon Center

Falmouth, Maine

—Trail Guide—

Visit all of Maine Audubon's sanctuaries:

Borestone Mountain, *Elliottsville*
East Point, *Biddeford Pool*
Fields Pond, *Holden*
Gilsland Farm, *Falmouth*
Hamilton, *West Bath*
Mast Landing, *Freeport*
Josephine Newman, *Georgetown*
Scarborough Marsh, *Scarborough*

Trails

The main trailhead is just outside the Visitor Center, about 40 feet from the main entrance. From here, you can access all the trail spurs and junctions as well as these principal trail loops:

West Meadow (.7 miles)
This walk encircles the rolling West Meadow with its high bluffs overlooking the Presumpscot Estuary. Follow the signs from the main trailhead through a small forested wetland and out into the field. Two observation blinds, accessible by spur trails, offer secluded spots to see wintering waterfowl as well as flocks of migrant shorebirds gathering on the tidal mudflats.

Pond Meadow (0.6 miles)
To see the greatest diversity of habitat, take the Pond Meadow Trail. Pockets of mature red oak and hemlock that date back a century or more are interspersed with stands of Red Maple, Ash, White Birch, and Trembling Aspen. Through the woods just below the apple orchard, the trail leads down to the pond where muskrat and wetland birds live and feed.

North Meadow (1.2 miles)
From the Visitor Center, take the driveway, and at the turnout halfway down the driveway, bear left through a grove of mature oaks and hemlocks and into the North Meadow. Mowed every other year in late fall after the nesting Bobolinks and Meadowlarks have fledged their young, and sparrows have migrated, this meadow provides winter forage for Canada Geese and hunting grounds for birds of prey.

