For full text of the Natural Resources Protection Act, including exemptions and definitions:
http://www.mainelegislature.org/legis/statutes/38/title38sec480-A.html

For information on the presence or absence of endangered or threatened species, including Atlantic salmon:
http://www.fws.gov/mainefieldoffice/Endangered_and_Threatened_Species.html

For Maine State Permit by Rule standards:
http://www.maine.gov/sos/cec/rules/06/096/096c305.doc

For Maine State application forms:

For the U.S. Army Corps of Engineers Maine General Permit:
http://www.nae.usace.army.mil/Missions/Regulatory/StateGeneralPermits/MaineGeneralPermit.aspx

For Maine General Permit forms:

For information and assistance from the Maine Department of Inland Fisheries & Wildlife:

Maine State, Natural Resources Protection Act. Title 38 §480-Q. Activities for which a permit is not required

A permit is not required for the following activities if the activity takes place solely in the area specified below: [1987, c. 809, §2 (NEW).]

2-D. Existing crossings. A permit is not required for the repair and maintenance of an existing crossing or for the replacement of an existing crossing, including ancillary crossing installation activities such as excavation and filling, in any protected natural resource area, as long as:

A. Erosion control measures are taken to prevent sedimentation of the water; [2011, c. 205, §3 (NEW).]
B. The crossing does not block passage for fish in the protected natural resource area; and [2011, c. 205, §3 (NEW).]
C. For replacement crossings of a river, stream or brook:

   1. The replacement crossing is designed, installed and maintained to match the natural stream grade to avoid drops or perching; and
   2. As site conditions allow, crossing structures that are not open bottomed are embedded in the stream bottom a minimum of one foot or at least 25% of the culvert or other structure's diameter, whichever is greater, except that a crossing structure does not have to be embedded more than 2 feet. [2011, c. 205, §3 (NEW).]

For purposes of this subsection, "repair and maintenance" includes but is not limited to the riprapping of side slopes or culvert ends; removing debris and blockages within the crossing structure and at its inlet and outlet; and installing or replacing culvert ends if less than 50% of the crossing structure is being replaced.