

The Birds of Stratton Island

MEETING PLACE: Please meet Linda on the dock at the Lobsterman's Co-op at Pine Point in Scarborough

The boat will depart promptly at 2:30 p.m. Please arrive at least 15 minutes early. **(This will change with each trip)**

PREPARATION: Stratton Island is three miles off shore. To get onto the island and back to the mainland, participants will transfer from a larger boat to a landing skiff or dingy. This requires moderate agility and balance, and may prove to be challenging if you are not in reasonable physical condition. There will be people to assist you, but if you think this will pose too great of an obstacle, you should not attempt the trip. Please be aware that you might be up to your knees in water getting on shore. Old sneakers or sandals are recommended for the slippery rocks below. Waterproof gear is appropriate for the ride out to the island. Depending on the surface and weather conditions, ocean spray is a possibility. It is often much cooler on the water and island compared to the mainland. The only bathroom on the island is an outhouse. Your leaders will have spotting scopes.

SUGGESTED ITEMS:

Binoculars

Wind-resistant layer

Water bottle and snacks

Camera (batteries)

Waterproof layer

Sunscreen and sunglasses

Field guides

Warm clothes

Hat

Insect repellent

SUGGESTED READING: *Stratton's Island of Saco Bay: An Interwoven History 1605-1993* by Georgiana P. Chase, Mendocino Lithographers, Fort Bragg, CA, 1994.

PLEASE NOTE: Cancellation of this trip due to weather or sea conditions is up to the discretion of Linda Woodard and the boat's captain. A few showers or moderate swells are not enough to cancel this trip. If

you would like to check on the trip status during business hours please call 207-883-5100. If you have any last minute concerns it is best to call Linda on her cell phone at 207-415-8331.

CANCELLATION POLICY: All sales are final for Maine Audubon programs under \$50. For programs of \$50 and up, cancellations initiated by the participant more than 10 business days prior to the event are eligible for a refund of 50%. If cancellations are initiated by Maine Audubon for any reason, participant will receive a full refund.

All program proceeds benefit the work of Maine Audubon.