



Scarborough Marsh Snowy Egret 5K Run/Walk Kids 1K Fun Run

Memorial Day
Monday, May 28, 2018

snowyegret5k.com

RACE DETAILS

Time

8:30 am: Kids 1K Fun Run (12 & under)
9 am: 5K Run/Walk

Location

Kids 1K Fun Run will start and end at the Pine Point end of the Eastern Trail. The 5K Run/Walk will start at SMAC, 92 Pine Point Rd., Scarborough, run through the Eastern trail and end at Peterson Field.

Parking

All parking will be at Peterson Field located at 135 Old Blue Point Rd., Scarborough, ME 04074. There is a 1 mile walk from the parking area to the Scarborough Marsh Audubon Center for the beginning of the race. Please leave enough time to get to the starting line.

Entry Fees

5K Run/Walk: \$18/person in advance or \$20 on race day.
Kids 1K Fun Run: \$5/person

You may register online or fill out this entry form and mail in with a check (details on back).

T-shirts & Medals

The first 150 adult registrants will receive a free t-shirt.

All participants of the Kids 1K Fun Run will receive a medal.

Awards

1st Overall

1st - 3rd in age groups:

14 & Under, 15-18, 19-29, 30-39,

40-49, 50-59, 60-69, 70-79, and 80+



The Snowy Egret 5K Run/Walk for the Marsh is the primary annual fundraiser for Scarborough Marsh Audubon Center with additional proceeds benefitting Eastern Trail Alliance.

ENTRY FORM

Snowy Egret 5K Run/Walk for the Marsh

Name _____

Phone _____ Age _____ Sex _____

Email _____

Address _____

City _____ State _____ Zip _____

Signature _____

(Guardian if under 18)

T-shirt Size S M L XL (first 150 registrants)

Send entry form with payment to:
Maine Audubon Snowy Egret 5K
20 Gilsland Farm Road, Falmouth, ME 04105
Checks payable to: Maine Audubon

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including; but not limited to: falls, contact with other participants, the effect of weather (including rain, wind and snow, high heat or humidity), traffic and the condition of the road. In consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Maine Audubon, Eastern Trail Alliance, and all other sponsors, their representatives, and successors for all claims of liabilities arising out of my participation in this event. FOR SAFETY, NO EARPHONES, NO PETS, NO BABY STROLLERS.

Signature _____ Date _____

(Participant or Guardian if under 18)

For more information:
Scarborough Marsh Audubon Center, Linda Woodard
(207) 883-5100, smac@maineaudubon.org
maineaudubon.org



Details, directions, and online registration are available at:
snowyegret5k.com