

FieldsPondJournal

Newsletter of the Penobscot Valley Chapter of Maine Audubon
and the Fields Pond Audubon Center



April-June 2010

Spring is in the Air!

Oh la la! Spring is in the air. It's in the soil. It's in the birds. It's in the buds, and it's pure poetry at the Nature Center. This is the perfect time of year to get dirty, to get close to the earth with your hands and your heart. Nature revitalizes all of your senses, just step out into it, open your eyes wide and take a deep breath... lovely.

Springtime heralds the planting season. Plant a flower, a shrub or a tree, above all, plant native. Your local ecosystem thrives on native plants. Watch insects and the birds delight in what they know and what they need. A little deed of native planting goes a long way.

Need suggestions? I'll guide you in the right direction.

Spring is truly a celebratory time of sights and sounds. Rejoice in the critter kingdom around you. Owls are calling, woodcocks are dancing, amphibians are mating and peepers are well, peeping, and peeping quite loudly!

We've got a wide variety of programming for everyone this spring from cougars and mushrooms to yoga and river art. Nature and all of its diversity is just waiting for us to discover it. Sometimes we need a helping hand to get motivated. Well, think of the Nature Center as your helping hand.

*Best wishes,
Holly*



Monarch on milkweed
HOLLY TWINING PHOTO

FieldsPondJournal

The Fields Pond Journal is published four times a year by the Penobscot Valley Chapter of Maine Audubon. Maine Audubon members living in the Penobscot Valley region automatically become chapter members and receive The Fields Pond Journal at no additional charge. Membership in Maine Audubon costs per year:

- \$45 household; \$35 individual
- \$25 student/senior/volunteer

Membership benefits include a discount on programs and purchases at all Maine Audubon Stores as well as a subscription to the quarterly periodical Habitat. For membership or change of address information, telephone at 207-781-2330 or contact:



Maine Audubon Society
20 Gilsland Farm Road
Falmouth, Maine 04105

Visit Maine Audubon and the Fields Pond Audubon Center on the Web at: www.maineaudubon.org
www.pvcaudubon.org.

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The Fields Pond Journal

- Editor Holly Twining
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SPECIAL EVENT

Wings For Sharon

A Big Day Birdathon in Memory of Sharon Jackiw, 1939-2009

During the last four springs of her life, Sharon Jackiw participated in the Penobscot Valley Chapter's Big Day Birdathon as a member of the "Cardinal Sins" birding team. Each year, on the appointed day in May, Sharon would happily rise at 2:00 a.m. and spend the next 20 hours or so with her three fellow Sinners (Nancy Larson, Bob Duchesne, and Sandi Duchesne) trying to identify as many bird species as possible within a single 24-hour period to raise money for the Fields Pond Audubon Center. Sharon was an excellent birder, with sharp eyes and a good ear for bird songs, and her wry humor enhanced everyone's enjoyment of the Big Day adventures. Sharon was the star fundraiser for the Cardinal Sins, too. She was able to raise thousands of dollars in pledges each year.

Sharon died last fall, and the Cardinal Sins are planning to honor her life and accomplishments by dedicating all of the pledge donations from this year's Big Day Birdathon to Fields Pond Audubon Center in her memory. Sharon touched many peoples' lives in meaningful ways, and we know she would be thrilled to know that she will continue to be remembered in this year's Big Day through charitable contributions to one of her favorite causes – the Fields Pond Audubon Center in Holden.

You may either donate a fixed amount, or pledge a donation for each of the bird species that the Cardinal Sins are able to identify on our Big Day. We typically see around 120 birds, so that would be \$12.00 for a 10 cents per bird pledge, \$60 for a 50 cents per bird pledge, or \$120 for a \$1.00 per bird pledge. Your donation to Maine Audubon is fully tax deductible. There will be a sign-up pledge sheet at Fields Pond, or you may make a pledge online or over the phone by contacting Sandi Duchesne at smduchesne@roadrunner.com or 827-3782. Please give generously, as our friend Sharon always did.



Gray Jay

BOB DUCHESNE PHOTO

NATURE PROGRAMS & FIELD TRIPS

Programs are located at Fields Pond Audubon Center unless otherwise specified. For registration, when necessary, please call 989-2591 (unless otherwise specified). If you need to cancel a program reservation, please call at least three days ahead of the scheduled event to assure a refund.

Penobscot Valley Chapter Program: The Decline of the Great Blue Heron

The Great Blue Heron is often touted as one of the most prevalent and adaptable birds in North America. They are widespread in Maine, but recent data has suggested a decline in their breeding population. The Maine Dept. of Inland Fisheries and Wildlife is conducting a comprehensive survey of breeding colonies and beginning a statewide adopt-a-colony program called the Heron Observation Network. Join Danielle D'Auria to learn more.

Thursday, April 1, 6:30 p.m.

Location: Bangor Public Library

Presenter: Danielle, D'Auria, Maine Inland Fisheries & Wildlife biologist

Cost: Free

Apple Pruning Workshop

Apple tree pruning done right! UMaine Cooperative Extension's Kate Garland will be pruning our apple tree and teaching techniques, tips, tools and how to avoid common mistakes.

Saturday, April 3, 1-3 p.m.

Leader: Kate Garland, University of Maine Cooperative Extension

Cost: \$8/member; \$10/nonmember



Porcupine in the FPAC apple tree

HOLLY TWINING PHOTO



Cougars in Maine?

PHOTO COURTESY OF U.S. FISH AND WILDLIFE SERVICE

Book Discussion Group: Second Nature: A Gardener's Education by Michael Pollan

This is not so much a how-to on gardening as a how-to on thinking about gardening. Pollan uncovers the metaphor of a garden, where nature and culture form a harmonious whole. His wit flashes throughout.

Location: Dirigo Pines in Orono

Call 866-3400 for directions

Thursday, April 8, 7 p.m.

Leader: Joyce Rumery

Cost: Free

Eastern Cougar - Wild Cat or Wild Imaginations?

Mark McCollough, a biologist for the U.S. Fish and Wildlife Service, recently completed the first status review of the eastern cougar since it was federally listed in the 1970s. Mark will talk about the history of the cougar in eastern North America, their demise, and future. Are their cougars in the East? If so, where are they coming from? Mark will provide the latest science-based explanations of the "cougar phenomenon."

Wednesday, April 14, 7p.m.

Presenter: Mark McCollough, U.S. Fish and Wildlife Service Biologist

Cost: \$5/member; \$6/nonmember

River Otters and Other Furbearers of Maine

John DePue shares with us pelts, skulls and a slideshow of river otters and other Maine furbearers. Join us for this exciting interactive presentation.

Wednesday, April 28, 7 p.m.

Presenter: John DePue, Furbearer Biologist,

Maine Department of Inland Fisheries and Wildlife

Cost: \$5/member; \$6/nonmember

Yoga, Naturally

Come to the nature center to revitalize your body and mind. We'll begin with a yoga class to get our bodies stretched and energized then we'll share a healthy snack together. A journey outside to explore the natural world will assist in awakening all of our senses.

Saturday, May 1, 10 a.m. - 1 p.m.

Leader: Holly Twining, Maine Audubon naturalist and yoga instructor

Cost: \$18/member; \$20/nonmember

Peepers, Owls & Woodcocks

Come to the grounds of the nature center and hear Spring Peepers, see the woodcocks dance and hopefully see and hear Barred Owls calling. We guarantee nothing but a fun packed hour searching for our favorite early springtime critters. Children are welcome.

Tuesday, May 4, 7:00 p.m.

Leaders: Gordon Russell, Judy Kellogg Markowsky, Joni Dunn

Cost: \$5. Advance registration required.

Penobscot Valley Chapter Program: Avian Architecture

Learn how to identify nests and eggs. Discover where and how certain birds build their nests. Learn how to look for nests without disturbing them. This fascinating slideshow showcases local birds. This is also the Chapter's Annual Meeting. A slate of officers and directors will be voted on, as well as approval for updates to the Chapter by-laws.

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Thursday, May 6, 6:30 p.m.

Presenter: Jerry Longcore, retired wildlife research biologist with the US Geologic Survey, specializes in research on migratory birds

Location: Fields Pond Audubon Center

Cost: Free

Book Discussion Group: Chrysalis: Maria Sibylla Merian and the Secrets of Metamorphosis by Kim Todd

Metamorphosis has long fascinated humankind, but few people more than Maria Sibylla Merian, who spent her life illustrating this mysterious process in insects. Unlike other naturalists at the time, she depicted insects together with their host plants, an innovation that influenced many.

Location: Dirigo Pines in Orono

Call 866-3400 for directions

Thursday, May 13, 7 p.m.

Leader: Joyce Rumery

Cost: Free

Spring Fest

Join our celebration of International Migratory Bird Day. This year's activities will include a native organic plant sale, children's activity area, a nature walk, bird walks, yoga, and more. Get out in nature and spend some time with us!

Saturday, May 15, 7 a.m. - 1 p.m.

Cost: Free

Organic Native Plant Sale

Come to an impressive plant sale. Organic Native and Medicinal plants will be on sale from Rebel Hill Farm in Clifton. The certified organic growers will sell hardy, field grown perennials.

Saturday, May 15, 10 a.m.-1 p.m.

(part of Spring Fest)

Presenters: Julie and Peter Beckford of Rebel Hill Farm

Dark Side of the Loon; A Movie Screening and Discussion

We are all familiar with the eerie calls and striking black and white plumage of the common loons who spend their summer on Maine's lakes and ponds. But in late fall, they disappear and quiet descends. Where do they go? How do they survive in winter? Join Danielle D'Auria, for a screening of Gail Osherenko's documentary, The Dark Side



Loon STEVE MASLOWSKI/USFWS PHOTO

of the Loon, which explores loon migrations, their winter habits and the perils they face. Danielle will answer questions and share information about loon research and conservation efforts taking place across New England.

Tuesday, May 18, 7 p.m.

Leader: Danielle D'Auria, Loon Specialist, Maine Department of Inland Fisheries and Wildlife; Mark Pokras, Tufts veterinarian

Cost: Free

Medicinal Mushrooms of Maine; How to Know and Use Them

Maine is home to a number of valuable edible and healing mushrooms. Many are easily identified and without poisonous look-a-likes. In the day long workshop, you'll learn to identify and find common medicinal mushrooms, learn how to use them as tasty functional food, and discover research supporting their use as healing agents. We'll make simple mushroom teas and broth, and learn how to make mushroom tinctures.

Saturday, May 22, 9 a.m. - 3 p.m.

Instructor: Greg Marley, author of *Mushrooms for Health; Medicinal Secrets of Northeast Fungi*

Cost: \$60/member, \$70/nonmember.

Advance registration and payment required.

Penobscot Valley Chapter Field Trip: The Puffins of Seal Island

Cruise to Seal Island, a little-visited island 18 miles out to sea to view the breeding ground of Atlantic Puffins, Common and Arctic Terns, Razorbills, Common Murres, Great Cormorants, Black Guillemots, and more. Chapter President Bob Duchesne will serve as spotter on board the Nigh Duck. This trip occurs when the puffins and other nesting birds are returning to the island,

while many winter birds have not yet left. Purple Sandpipers and all three scoters are often seen from the boat as we skirt Isle au Haut. This event is part of the Wings, Waves, and Woods Festival.

Saturday, May 22, 8:30 a.m. - 3 p.m.

Location: Old Quarry Adventures, Deer Isle
Cost: \$60 Attention: Special sign-up is required and space is very limited.

Reservations must be made directly with Old Quarry Adventures at 207-367-8977. Fields Pond Audubon Center is NOT taking reservations for this trip. Meet at Old Quarry Adventures at 8:30 a.m. Directions given upon reservation. Bring lunch and take precautions for seasickness.

Penobscot Valley Chapter Field Trip: Birding Sears Island

Come and search Sears Island and its surrounding waters for early spring arrivals. Over 160 bird species have been recorded on and around this 960 acre Island. A moderate hike will be included.

Location: Meet at the end of the causeway,

located at the end of Sears Island Road

Sunday, May 23, 7:30 a.m. - 12 noon

Leaders: Jim and Kathy Zeman

Cost: Free. Advance registration

recommended by calling 469-0534.

Life List in Photos

Ellen Campbell shares her love of birds and capturing birds on film in this great presentation of an incredible pictorial life list. Expect to be wowed by Ellen's "Wow! Wasn't I lucky to be there for that one!" collection!

Thursday, May 27, 7 p.m.

Presenter: Ellen Campbell, Holden Land Trust

Cost: \$5/member; \$6/nonmember

Adult Painting Series, Still Life with Mounts

Come to the nature center to paint animals and landscapes inspired by John J. Audubon. Participants will use mounts, arrange them and then enjoy the creative process of painting. Noted Brooksville artist Eileen Ahern will provide instruction. Bring your art supplies and motivation to paint.

Saturday, May 29 - Saturday, June 19,

10 a.m. - noon

Instructor: Eileen Ahern

Cost: \$20/member; \$28/nonmember per

session in 4-part series. Advance registration and payment required.

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PULL OUT AND SAVE!

Spring Fest

A Celebration of International Migratory Bird Day
Saturday, May 15

Fields Pond Audubon Center • 216 Fields Pond Road, Holden • 207-989-2591

- 7:00 – 8:30 a.m. **Bird Walk** with Bruce Barker, Jerry Smith
- 9:00 – 10:00 a.m. **All Ages Animal Movement/Yoga** with Holly Twining and Zane Twining Baker
- 9:00 – 11:00 a.m. **Birding By Ear Walk** with Steve Coleman
(for the visually impaired community and everyone interested in bird songs)
- 10:00 a.m. – 1:00 p.m. **Native Plant Sale** by Rebel Hill Farm
- 10:00 a.m. – 12 noon **Children's Activity Area** with Stillwater Montessori
- 10:00 a.m. – 12 noon **Saturdays in the Discovery Room: Green Thing, You Make My Heart Sing**
- 11:00 a.m. – 12 noon **Reading the Landscape, a Walk** with Maine Audubon staff, Hannah Webber and Merle Hetley
- 12 noon – 1:00 p.m. **Live Animal Program** for all ages



Spring Fest '09

JOANNE ALEX PHOTO

PULL OUT AND SAVE!

Neighborhood Bird Walks

May 2010

All walks are from 7:00 to 8:30 a.m. All walks are free. Beginning birders are particularly welcome, but please – no dogs. Waterproof footwear is recommended. Binoculars are helpful.

- Monday, May 3** **Gould's Landing on Pushaw Lake, Orono** • *Leader: Paul Markson*
Co-sponsored by Orono Land Trust
Meet in Gould's Landing parking lot at the end of Essex Street
- Wednesday, May 5** **Penjajawoc Marsh, Bangor** • *Leader: Paul Corcoran*
Meet at north end of Home Depot parking lot
- Friday, May 7** **Ecotat Gardens and Arboretum, Hermon** • *Leaders: Laura Levenson, Elizabeth Payne*
Meet in Ecotat parking lot on Annis Road, just off Route 2
- Tuesday, May 11** **Indian Trail and Penobscot County Conservation Association, Brewer**
Leaders: Gordon Russell, Jane Rosinski
Meet at Penobscot County Conservation Association, North Main Street
- Wednesday, May 12** **Mt. Hope Cemetery, Bangor** • *Leaders: Jim and Kathy Zeman*
Meet in the parking area inside the State Street entrance
- Friday, May 14** **Kenduskeag Stream Trail, Bangor** • *Leaders: Hope Brogunier, Joni Dunn*
Meet in the parking lot upstream of the intersection of Valley Avenue and Bruce Road
- Saturday, May 15** **Fields Pond Audubon Center, Holden** • *Leaders: Bruce Barker, Jerry Smith*
Meet in Fields Pond Audubon Center parking lot
- Monday, May 17** **Avalon Village, Hampden** • *Leaders: Judy Markowsky, Wally Jakubas, Joni Dunn*
Meet at parking lot at end of main road into Avalon Village (Foxglove Drive off Route 1-A)
- Tuesday, May 18** **Leonard's Mills, Bradley** • *Leader: Bob Duchesne*
Meet at entrance to Leonard's Mills (intersection of Route 178 and Government Road)
- Wednesday, May 19** **Northeast Penjajawoc Preserve, Bangor** • *Leaders: Bob Milardo, Elizabeth Payne*
Co-sponsored by Bangor Land Trust
Meet at BLT kiosk on Kitteridge Road just before the power lines
- Thursday, May 20** **Essex Woods, Bangor** • *Leader: Julie Keene*
Meet in the parking lot at the end of Watchmaker Road
- Saturday, May 22** **Walden Parke Preserve, Bangor** • *Leader: Bill Glanz*
Co-sponsored by Bangor Land Trust
From Essex Street, turn into Walden Parke Way, right on Tamarack Trail to meet at its end
- Monday, May 24** **University of Maine campus, Orono** • *Leader: Sandi Duchesne*
Meet in the rear of the University Credit Union parking lot on Rangeley Road
- Tuesday, May 25** **Saxl Park, Bangor** • *Leader: Tom Hodgman*
Meet in Cascade Park parking lot, just off State Street
- Wednesday, May 26** **Technology Park, Orono** • *Leaders: Jerry Longcore, Jim Bird*
Meet in the parking lot behind the Microdyne Building on Godfrey Drive
- Thursday, May 27** **West Penjajawoc Preserve, Bangor** • *Leaders: Lucy Quimby, Paul Corcoran*
Co-sponsored by Bangor Land Trust
Meet at the dead end of Fox Hollow Lane, off Essex Street

Killdeer

JERRY SMITH PHOTO

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Sparrow Tour

Need help improving your sparrow identification skills? Sparrows are small and not very "flashy" so they can be challenging to recognize. Join us for a tour of Prospect and Frankfort visiting the Mendall Marsh and nearby blueberry barrens. In addition to the more common sparrows, we'll look for Vesper's and Nelson's Sharp-tailed Sparrows.

Saturday, June 5, 7 a.m. – 12 noon

Leader: John Wyatt

Cost: \$5/members, \$6 nonmember

Advance registration necessary.

Call 989-2591 for registration and

directions to the meeting point in

Winterport.

Moonlight Canoeing

Float along the lake shore, as waning day becomes moonlit night. Loons, Eagles, bats and frogs may grace your trip. Meet at Fields Pond Audubon Center in Holden by 7 p.m. sharp. Heavy rain or thunder would cancel the trip, and your payment would be refunded.

Wednesday, June 9, 7 p.m.

Rain date Friday, June 11, 7 p.m.

Cost: \$5/person with your own canoe or kayak; \$10 per rental canoe with life jacket and paddles. Advance registration and payment necessary. Call 989-2591.

Banana: The Fate of the Fruit That Changed the World by Dan Koeppel

The world's most humble fruit has caused inordinate damage to nature and man, and Koeppel embarks on an intelligent sifting through the havoc. Koeppel poses the question of whether it's time for consumers to reverse a century of strife epitomized by the purchase of one banana.

Thursday, June 10, 7 p.m.

Leader: Joyce Rumery

Cost: Free

Macro Photography Workshop: Nature Up Close

Join Andy Anderson in exploring nature photography up close and personal. Instruction will focus on shooting techniques on a macro level, equipment, proper focusing techniques, and execution. We'll tour the grounds of the nature center and capture stunning images.

Penobscot Valley Chapter: Bird Identification Skills Workshops

The Penobscot Valley Chapter has created a three-part series of workshops designed to improve the bird-identification skills of novice-to-intermediate birders. Presented at the Bangor Public Library by Bob Duchesne over three consecutive Thursday evenings in late April, the workshops are timed to prepare birders for the return of songbirds in May. All workshops are free and no registration is necessary.

Bird Identification 101 • Thursday, April 15, 6:30 p.m.

Ever wonder how the expert so quickly identifies a female American Redstart and you're still trying to figure out if it's a warbler? You've got plenty of company! Experts automatically look for certain visual clues that are easy to learn and simple to remember.

Habits and Habitats • Thursday, April 22, 6:30 p.m.

Like humans, birds are creatures of habit. They know what they like. And once YOU know what they like, it makes it surprisingly easy to identify them. With a few tips, you'll even know where to look for your favorite birds and start discovering them in your own neighborhood where you never realized they were present.

Birding by Ear

Thursday, April 29, 6:30 p.m.

It's easier than you think. Just six quick tips will demystify how the experts identify birds instantly by their songs. For newcomers, it's a great chance to learn a new skill. For experienced birders hoping to brush up before the warblers return and start singing, it's a great refresher course.



LESLIE CLAPP PHOTO

Saturday, June 12, 1-4 p.m.

Leader: Andy Anderson

Cost: \$15/member; \$20/nonmember.

Advance registration is required.

Creating a Backyard Habitat

Leslie Clapp of the Downeast Audubon Chapter shares with us the tricks and tips she used in developing her backyard habitat. Learn how you too can create a backyard space with food, water and shelter of local wildlife.

Tuesday, June 15, 7 p.m.

Presenter: Leslie Clapp, Downeast Audubon Chapter

Cost: \$5/member; \$6/nonmember

Medicinal Plant Walk and Workshop

Come identify and learn about some local Maine medicinal plants. Join us for a

medicinal plant identification walk. Then come indoors to hand blend your own medicinal teas made from local Maine plants.

Saturday, June 19, 1-4 p.m.

Leader: Jessi Sader, Master Certified Herbalist

Cost: \$25/member; \$30/nonmember

Advance registration and payment required.

Birdathon Celebration Dinner

Sponsors and birders alike are welcome to this rollicking potluck dinner. Come with a dish and birding stories! Or, come with a dish and listen to birding stories. Some of the teams even put on skits for your enjoyment. Winning teams will be announced.

Thursday, June 24, 6 p.m.

Cost: Free. It's a potluck, bring your favorite dish to share.

NATURE PROGRAMS FOR CHILDREN & FAMILIES

Programs are located at Fields Pond Audubon Center unless otherwise specified. For registration, when necessary, please call 989-2591 (unless otherwise specified). If you need to cancel a program reservation, please call at least three days ahead of the scheduled event to assure a refund.

Nature Time for Children: Spring and Summer Sessions

Parents with children ages 2 to 4, come and join us for a nature-based program with stories, creative play, hands-on activities, and art projects. Parents participate too. Be prepared to be outside for a portion of each program.

Spring: Wednesdays, April 7 - May 19,
11 a.m. - 12 noon

Summer: Wednesdays, June 2 - July 14,
11 a.m. - 12 noon

Cost: \$32/member, \$38/nonmember for each session. Advance registration required.

Nature Programs for Families:

Saturdays in the Discovery Room: A House For Salamanders

The salamanders and frogs are just awakening, mating and moving to their summering grounds, so while they are

away we'll make hibernacula, or winter homes, for them. Learn about amphibian life cycles and what they need for habitat all year 'round! Be prepared to go outside and get dirty!

Saturday, April 24, 10 a.m. - 12 noon
Cost: \$8/member; \$10/nonmember

Adults and children under three years of age are free.

Spring Fest

At this year's celebration, children can try out an animal movement class, check out activities in the Discovery Room, enjoy the outdoor children's activity area hosted by Stillwater Montessori and more.

Saturday, May 15, 7 a.m.-1 p.m.
Cost: Free

Saturdays in the Discovery Room: Green Thing, You Make My Heart Sing

Join us during Spring Fest to explore the fascinating world of plants. Plant your own seeds to take home.

Saturday, May 15, 10 a.m. - 12 noon
Cost: Free



APRIL VACATION PROGRAMS

Live Animal Programs for April School Vacation

The following two Audubon programs will be held in the Senior Citizen's room at the Brewer Auditorium. Use the Wilson Street basement entrance to the Auditorium. No registration needed.

Frogs and Toads from Around the World!

Join Fred Nichols as he shares with us frogs from around the globe and what you can do to protect frogs here at home.

Tuesday, April 20, 10-11 a.m.
\$5 per person

Owls of Maine!

Mr. Richmond from Birdsacre will share his owls, owl history and owl lore with us.

Friday, April 23, 10-11 a.m.
\$5 per person



The following two programs will be held at Fields Pond Audubon Center. Enrollment is limited to 10 children for the programs at the nature center. Call 989-2591 for registration and payment.

Animal Tricksters for Ages 8-14

Clever, mischievous, crafty- we'll explore how animals get a meal or keep from becoming another critter's feast! Outside, search for signs of tricksters and perhaps sight a few.

Wednesday, April 21, 9 a.m. - 3 p.m.
Cost: \$50 per participant

Earth Day Special- Frogs! for Ages 8-14

Celebrate our natural world by searching for Maine frogs, learning what you can do to create and protect their habitats, and playing frog games.

Thursday, April 22, 9 a.m. - 3 p.m.
Cost: \$50 per participant

River Arts Workshop

Enjoy an afternoon of river and fish-related environmental arts. This family friendly afternoon will explore the Penobscot River fisheries and wildlife through art activities, including wood block printing, gelatin print note cards, food chain necklaces, and a river connections collage. Participants will take home some fine artwork to display or give-away!

Leader: Cheryl Daigle, Penobscot River Restoration Trust

Sunday May 23, 1-3 p.m.

Cost: \$12/member; \$16/nonmember

Advance registration required. Adults and children under three years of age are free.

Saturdays in the Discovery Room: Lost and Found- Maps, Compasses and GPS!

We'll get lost, we'll get found, play some fast games of hide and seek - all using maps, compasses and GPS units. We'll also set up a new geocache and a new letterbox at the Center. Don't know what a geocache or letterbox is? Join us for the Discovery Room program and find out!

Saturday, June 26, 10 a.m. - 12 noon
Leader: Lance Case, Huber Resources Corporation

Cost: \$8/member; \$10/nonmember

Adults are free.

Wonderful Wetlands Walk for Home Schooled Children ages 6 and older

Wetlands teem with animals that fascinate children of all ages. Youngsters especially love frogs, salamanders and snakes—and will love learning about them. Older children love to learn about Maine's nine frog species, how to identify some of them and the sounds they make. Many people know that wetlands are important for animals but how do wetlands help people? We demonstrate how they help people, too.

Tuesday, May 11, 12:30-2:30 p.m.

Leader: Ruth Perry, Maine Audubon Environmental Educator

Cost: \$5.00 per person, including parents

Watch out for our upcoming summer programs: *Creatures of the Mud*; *Wings, Flight & Feathers*; and *Upstream/Downstream*. We'll also be offering a series of evening adventure walks in July.

Art Showing: Ellen Campbell of the Holden Land Trust shares her List

Come to the Nature Center and enjoy bird photography by local resident, Ellen Campbell. Be sure to attend her presentation in May to learn the stories behind her beautiful photos.

"Influenced by my grandmother, I've been loving and watching birds for more than 50 years. Digital photography has allowed me to 'collect' birds, capturing them while hiking, while paddling my kayak, and right through the window from my breakfast table. I don't keep a life list, but I've titled my slide show (shown Thursday, May 27 at 7 p.m.) "Life List in Photos."

Sign up for "Wonderful Wetlands" Volunteer Training

Elementary teachers know that May and June are wonderful months for their students to be outside learning about wetlands. We're looking for volunteers to lead small groups of student on wetland exploration walks. Audubon staff will teach you all that you need to take the students on the outdoor walks. Curious? Come to one of our new volunteer training sessions: 9-11 a.m. Wednesday, April 14; Thursday, April 15; or Friday April 16. Register for a training session today. Before you lead a school group we will pair you with one of our experienced walk leaders during one of the following training sessions: Tuesday, April 27; Wednesday,



Flicker baby

ELLEN CAMPBELL PHOTO

April 2; and Friday, April 30.

Returning walk volunteer? Please come Tuesday, April 27; Wednesday, April 28; and Friday April 30 for a refresher! These training sessions are from 9-11 a.m. and are at Fields Pond. If you have questions, please call Ruth at 989-2591.

The Mission of the Penobscot Valley Chapter of Maine Audubon

Conserving wildlife and wildlife habitat by connecting people to our regional natural heritage, through enjoyable and meaningful activities that educate and promote greater environmental awareness.



Fields Pond Audubon Center

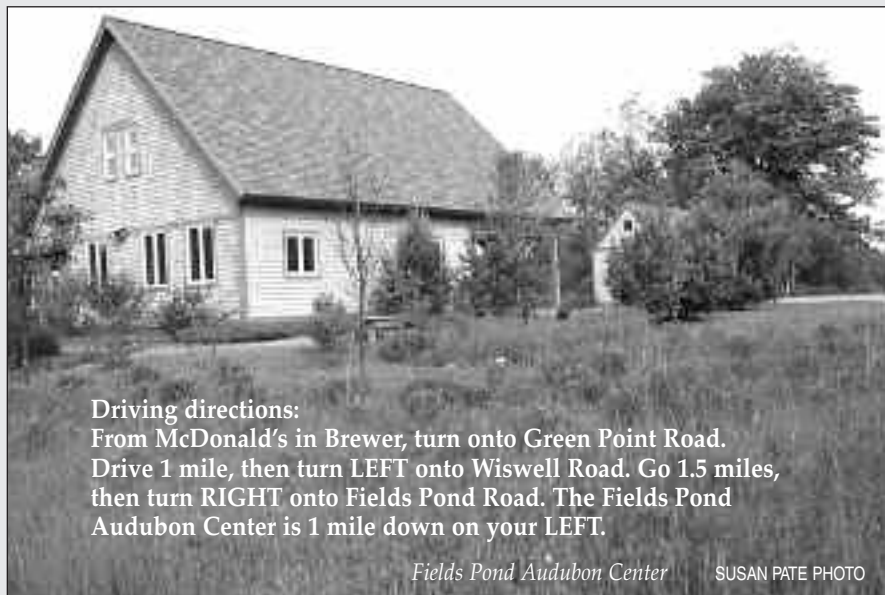
216 Fields Pond Road
Holden, Maine 04429
207-989-2591

On the Web

www.pycaudubon.org
www.maineaudubon.org

Building hours

L. Robert Rolde Building
Thursday-Saturday 10 a.m.-5 p.m.



Driving directions:

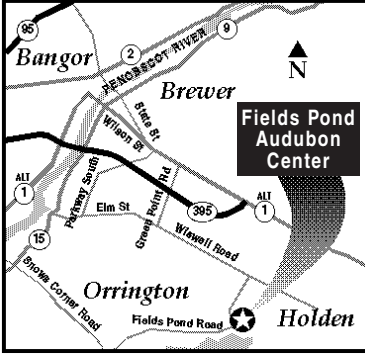
From McDonald's in Brewer, turn onto Green Point Road. Drive 1 mile, then turn LEFT onto Wiswell Road. Go 1.5 miles, then turn RIGHT onto Fields Pond Road. The Fields Pond Audubon Center is 1 mile down on your LEFT.

Fields Pond Audubon Center

SUSAN PATE PHOTO

MAINE AUDUBON

Fields Pond Audubon Center
216 Fields Pond Road
Holden, Maine 04429



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Yes!

- I/we want to become a member of Maine Audubon
- I want to renew my/our membership in Maine Audubon

Level of support:

- Student, Senior or Volunteer \$25
- Individual \$35
- Household \$45
- Contributing \$65
- Patron \$100
- Sustaining \$250
- Benefactor \$500
- Dirigo Circle \$1000
- National Audubon Society magazine is available for an additional \$10

Maine Audubon Membership Form

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

Amount enclosed \$ _____

Great Blue Heron
JERRY SMITH PHOTO

*Please make your check payable to Maine Audubon and send with this form to:
Fields Pond Audubon Center, 216 Fields Pond Road, Holden, ME 04429*